Research News: Homeopathic Cough Medicine Proven Effective

Cough is a frequent symptom associated to upper respiratory tract infections (URTIs). Homeopathic products are often used by patients to treat coughs. A new research study looked at the efficacy of a homeopathic syrup in treating cough arising from URTIs with a randomized, double blind, placebo controlled clinical trial. Patients were treated with either the homeopathic syrup or a placebo for a week, and recorded cough severity in a diary by means of a verbal category-descriptive score for two weeks. The researchers concluded that the homeopathic syrup used in the study was able to effectively reduce cough severity and sputum viscosity, thereby representing a valid remedy for the management of acute cough induced by URTIs.

http://nationalcenterforhomeopathy.org/content/new-study-shows-homeopathic-medicine-effective-for-patients-with-acute-coughs

2014 JAHC - Call for Proposals Now Open!

For the past eight years, the JAHC has successfully brought together the world's premier homeopathic teachers and thinkers as presenters. For the 2014 JAHC, we would like to expand the types of learning opportunities offered at the conference and are therefore seeking educational session proposals from the larger homeopathic community! Proposals must be submitted by 11:59pm ET on July 22, 2013. Learn more at http://www.nationalcenterforhomeopathy.org/conference/home.

Fever: Friend or Foe

Every parent worries when their child runs a fever. The body's oral temperature ranges between 97 and 99 degrees. Anything over 100.4 is technically a fever. But a body at a
heightened temperature actually fights infection more efficiently than one at a normal temperature. Many parents hit the panic button at 100 degrees but in actuality - fever is a friend. So when a fever strives, what's a parent to do?

Traditional analgesics, such as Tylenol, Motrin, and aspirin, are not recommended for infants or toddlers as they often have side effects that can cause serious physical harm to small children. However, the correct homeopathic remedy will allow you or your child's body to correct the problem that is causing the fever and bring down the fever down in the process. If you can find the correct remedy to give your child - homeopathy works every time.

However, there will still be times that you want to call a doctor. Here are a few rules of thumb about when to make that call:

- Your child has a fever with no other symptoms that lasts for three days or more.
- Your child develops a fever two to three days after surgery.
- Your child has a fever with abdominal pain, vomiting, chest pains, or rash.
- Your child has a fever and is three months old or younger.

Looking Back - Homeopathy in History

In his 1864 report on life insurance to the New York State Homeopathic Medical Society, Dr. A. R. Morgan M.D. wrote:

"The General Provident Assurance Company of London was converted to homeopathy by the evidence of statistics. Their actuary reported the following:

'That person treated by the homeopathic system enjoy more robust health, are less frequently attacked by disease, and, when attacked, recover more rapidly than those treated by any other system; that with respect to the more fatal classes of disease, the mortality under homeopathy is small in comparison with that under allopathy; that there are diseases not curable at all under the later system, which are perfectly curable under the former; finally, that the medicines prescribed by homeopathic physicians do not injure the constitution. whereas, those
employed by allopaths do not infrequently entail the most serious, and in many instances, fatal consequences.

These data being laid before the board of directors, a meeting of shareholders was called, who decided without a dissenting voice "to open a special section for persons treated by the homeopathic system, at a lower rate of premium than that charged on other lives." The action of the General Provident Life Assurance Company immediately attracted the attention of shrewd capitalists in this country [America], who, after a critical investigation on the subject, are moving in different portions of the United States for the establishment of Life Insurance Companies on a basis affording lower rates of premium to the patrons of homeopathy."

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**NCH July Webinar: Learn How Diet Can Significantly Improve Your Pet's Health!**

July 21, 2013, 8-9:15pm ET

Allergies, inflammatory bowel disease, diabetes, urinary tract problems. These are some of the most common problems that veterinary homeopaths are asked to treat and all can be helped tremendously with homeopathy - but often also with diet. In fact, incorrect diets are often the most significant "obstacle to cure" that veterinary homeopaths face. Join Dr. Shelley Epstein, DVM, a Certified Veterinary Homeopath, for a discussion on optimum nutrition for dogs and cats. The discussion will include some common misconceptions about dry and wet pet foods and will cover the pros and cons of raw diets for pets.

As always, this webinar is **free** to all NCH members, but space is limited, so register today!

[https://www3.gotomeeting.com/register/529139926](https://www3.gotomeeting.com/register/529139926)

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**Seeking Panel Participants for JAHC**

At the 9th annual JAHC (April 4-6, 2014) there will be a panel...
session with homeopaths who are running homeopathic clinics that are low cost or free, offering services for specific under served populations (e.g. homeless shelters, elderly housing, veterans, children's agencies that operate here in the United States or abroad.) We are currently seeking speakers for this panel.

Each speaker will describe their project, explain how it was initiated, how it is currently funded, and describe plans for future. The panel will be moderated and follow a Q&A format. If you are interested in participating on the panel, please email Loretta Butehorn at lbutehornphd@gmail.com.

Can You Solve This Case?

You have a six month old who is teething. During the afternoon she becomes excessively uneasy with anxiety and tossing about. She can only to be quieted by being carried about and is very irritable... very cranky!! You also notice that her stools are green with an odor like rotten eggs. She seems to be quite colicky and draws her legs up with the pains. What remedy would you think of first?

(The answer is at the bottom of the newsletter.)

Member to Member: Stories of Inspiration

I have a friend who'd slammed her fingers in the car door, and had spent three days taking all kinds of pain medications and nsaid without any real relief from her pain. Since she had seen a doctor and knew that nothing was broken, I suggested Hypericum. She was incredibly skeptical, but told me that she'd try it. I asked her to call me as soon as she felt better, and we both headed back to work.

Thirty minutes later she called me and said that her fingers
didn't hurt anymore, but that maybe it was just in her head. I laughed and asked if she was in pain. She told me again that she wasn't, so I suggested that whether it was in her head or not didn't really matter. She agreed. Later that night she took one more dose when her fingers started hurting again, and then didn't need anything else. She's now a believer.

--Catherine Symchych

Do you have an inspirational story to share about your experience with homeopathy? Send to info@nationalcenterforhomeopathy.org and you could be featured in an upcoming edition of the NCH e-newsletter!

**Accreditation Commission for Homeopathic Education in North America (ACHENA)**

**Update on the Status of Standards for Homeopathic Education and Competencies for the Homeopathic Practitioner in North America.**

A total of 99 comments were submitted in response to the public comment period established to gather feedback on the Standards for Homeopathic Education and Competencies for the Homeopathic Practitioner in North America. This document was developed as a result of a Summit held in Toronto Canada in 2010. A committee of five individuals is currently reviewing the comments and deliberating on how to address the comments. Committee members include: Rick Cotroneo from the Accreditation Commission for Homeopathic Education in North America, Julie Mann, North American Society of Homeopaths, Tanya Renner, National Center for Homeopathy, Eric Foxman, American Association of Homeopathic Pharmacists and Heidi Schor, Council for Homeopathic Certification. The committee will prepare a summary of comments received, make revisions based on review of those comments and
provide an explanation for how it addressed the comments. The committee is slated to complete its work within 60 days of the close of the public comment period, which is August 3rd.

**American Association of Homeopathic Pharmacists**
The American Association of Homeopathic Pharmacists sponsored a June webinar to introduce Homeopathic Pharmacopeia Updates. A record number of people attended the 1 hour webinar; over 40% were not members of the AAHP (a result of a successful outreach program). The presentation focused on two draft documents available on the HPUS homepage; public comments on each are solicited until the middle of November.

One document, Draft HPCUS Proving Guidelines, expands the existing information and gives a much clearer guidance on what protocol, information, and analysis of data are necessary in a proving to support the therapeutic efficacy of a potential monographed substance. The HPCUS recognizes there are many reasons and possible methods for conducting provings; this draft document is intended to apply to provings submitted to the Homeopathic Pharmacopeia of the United States in relation to a monograph submission.

The other document, Guidelines for Manufacturing Homeopathic Medicines, is a complete revision of the existing General Pharmacy section of the HPUS. With a 50% increase in detail, this draft provides much more information for the making of tinctures, attenuations and dosage forms. By utilizing and complying with the information in the guideline, this document can help manufacturers assure consumers and practitioners that their products are consistently prepared to high standards.

Both draft documents can be viewed at [www.hpus.com](http://www.hpus.com). in addition, the homepage contains a document with instructions on how to submit comments regarding either of these drafts. Your comments are welcome by the Convention.

**Council for Homeopathic Certification (CHC)**
The CHC is pleased to announce the following newly certified practitioners:

- Nazirahk Amen, MD
- Mark Brody, RI
- Avghi Constantinides, CA
- Kelly Fitzpatrick, OR
- Lydia Flynn, NY
- Lesley Hall, TN
- Karen Kurz-Riemer, MN, WI
- Jean McCullough, FL, VA
- Kit Reno, NH
- Louise Sanchione, CT, MA
- Sarah Weis, MT
- Carol York, AB

There will be no Q&A in July. CHC can be reached at 1.866.242.3399 or chcinfo@homeopathicdirectory.com.

**Homeopathic Nurses Association (HNA)**
The Homeopathic Nurses Association would like to announce a Membership Drive. Incredible incentives are available to encourage new, former, and current members to join in the fun or recruit "similars." Please visit our website for all the details - but hurry - because the drive ends October 15, 2013. [www.NurseHomeopaths.org](http://www.NurseHomeopaths.org). See "Membership Special" page.

**North American Society of Homeopaths (NASH)**
Notice for all NASH members, procrastinators, soon-to-be*s, and wanna-be*s, NASH has a new email address, nashinfo@homeopathy.org. Contact NASH today for info on levels of joining the only organization that supports professional homeopaths in North America, or check us out on www.homeopathy.org.

Answer to mystery case above: Chamomilla

Do you have a new email or USPS address?

Send changes to info@nationalcenterforhomeopathy.org

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