



## Is Homeopathy Just a Placebo?

No-it actually works independently of a person's belief in its effectiveness.

Drs. Todd Rowe MD and Iris Bell MD PhD in their paper "Homeopathic Community Research," note that in most research studies the placebo effect is typically 30-40%. That is 30-40% of patients in a typical study say they are experiencing symptom relief even though that are taking a non-medicinal substance- the placebo. In most homeopathic studies, the percentage of people noticing improvement is generally around 79% far greater than a placebo response.

We also know of multiple plant and animal studies showing they respond well to homeopathy<sup>123</sup> --we listed just a few below.

Babies<sup>4</sup> are another group which show improvement although they are not able to cognitively comprehend what they are taking.

So no, homeopathy is not a placebo -it actually works!

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<sup>1</sup> Sukul NC, et al "Strychnos Nuv Vomica extract and its ultra high dilution reduce voluntary ethanol intake in rats" **J Altern Com Med.** 2001 Apr;7(2):187-93.

<sup>2</sup> Schutte A.. Homeopathy versus antibiotics in metaphylaxis of infectious diseases. PMID 10484832 **Altern Ther Health Med** 1999

<sup>3</sup> Bellevita et al **Homeopathic Doses of Gelsemium sempervirens Improve the Behavior of Mice in Response to Novel Environments, Evidence-Based Complementary and Alternative Medicine, Vol 2011 Art ID 362517.**

<sup>4</sup> Jacobs, J., et al. (2006). "Homeopathic combination remedy in the treatment of acute childhood diarrhea in Honduras." **Journal of Alternative and Complementary Medicine** 12(8): 723-732.